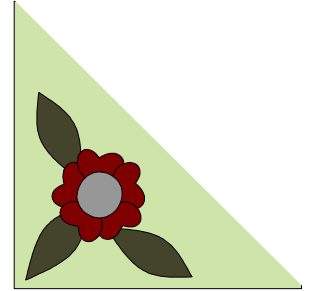
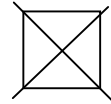


**Block E – Exuberance BOM Challenge
for Cotton Spice Magazine
Designer: Tara Kos, Quilts by Kos**



Fabric Requirements & Cutting:

Light Green 1 – 18 ¼” square.
Cut twice diagonally to make 4 side triangles.



You will only need 1 side triangle for this block. Save the other triangles for other months.

Maroon about 7” x 7” – for appliqué flower petals
Dark Green about 5” x 7 ½” – for appliqué leaves
Floral Fabrics about 2 ½” x 2 ½” – for appliqué flower center

Paper-backed Fusible Web about 8” x 15” for appliqué

You may use any appliqué technique you wish. However, I have used fusible appliqué with an appliqué pressing sheet.

Steps to Fusible Appliqué:

Trace your appliqué shapes onto the paper side of your fusible web.

Cut out these shapes – following along *outside of* the drawn lines.

Fuse onto the wrong side of the respective fabrics.

Cut out the shapes again. This time – cut out *on the line*.

Remove paper backings from shapes.

Place your placement diagram underneath an appliqué pressing sheet. Lay your shapes onto the pressing sheet using the diagram as your guide. When you have them set as they are supposed to be, use your iron and press the shapes together. Let cool. All your shapes are now movable as a single set.

Remove your fused set of appliqué shapes from the pressing sheet. Center this motif onto the light green background triangle. Press in place with your iron using an up-down motion.

Secure your fused shapes by using a blanket stitch or zigzag stitch around all exposed edges. This can be done by hand or by machine.

Block E – Exuberance BOM Challenge
for Cotton Spice Magazine
Designer: **Tara Kos, Quilts by Kos**

Templates

