

# Cotton Spice Exuberance BOM

## Setting Triangle "K"

Designed by Sheryl Till --- Louisiana Quiltworks



### Supplies:

**1---18 ¼" square of background fabric (unless you already have a triangle ready)**

**green fabric for leaves**

**dark fabric (red) for ribbons and flower bases and center**

**pink fabric for flower overlay**

**floral fabric for part of leaves. I fussy cut mine to get the effect I wanted.**

**Hand stitching needles**

**Thread to match the appliqué patches or silk thread in neutral color (I use taupe)**

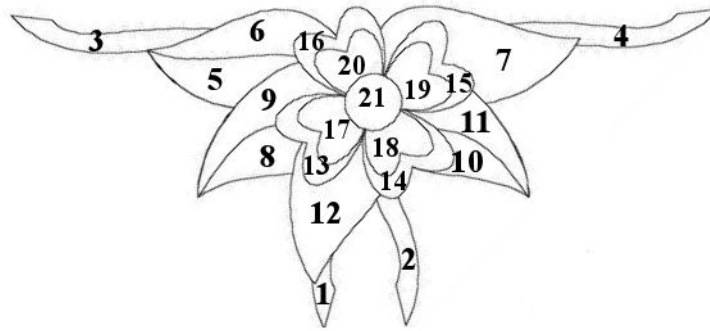
**Freezer paper**

**If you're working on this quilt in order, then you should have a triangle ready for this appliqué design. If you're starting with this block you will need to cut the background triangle:**

**Cut one 18 ¼" square of the background fabric. Cut the square on the diagonal twice to make 4 triangles. You will use one and save the others.**

**There are many different methods to appliqué this design. Use this legend to assist with patch placement.**

### Exhuberance "K" Applique Legend



My favorite method for needle-turn appliqué is “freezer paper on top”. Tape the provided pattern together at the lines.

- I use a plastic overlay for positioning my design.
- Lay a piece of freezer paper on top of the pattern—dull side of freezer paper up. You will not be working with a reverse image.
- Trace the design (number them as in the legend) and cut out the individual pieces.
- Iron the freezer paper pieces to the right side of your desired fabric. Cut the patches out adding a scant  $\frac{1}{4}$ ” seam allowance. ---take a careful look at the order in which patches are numbered. Where a patch will be the underlying one you will want to have plenty of “edge” to go under the overlying patch.
- Start with Patch #1 and appliqué it in place using the edge of the freezer paper as your guide for turning the seam allowance under. I like to start in the middle of a long side and work my way around. It is not necessary to “turn” the edges that will be covered by another patch. When you complete the stitching on a patch, carefully peel off the freezer paper.
- Work your way through all the patches. When you finish Patch #21 you’re finished!

I hope you have enjoyed making this block for your quilt!

Sheryl Till  
Louisiana Quiltworks